



APPALACHIAN MTN CLUB

Annual Summit 2024

Morning Schedule



Registration Desk Open 8:00 - 8:45

Check in for the conference and pick up your name badge. Throughout the Summit, stop by to get help, ask questions, or say hello!

Welcome! 8:45 - 9:45

Welcome to AMC Annual Summit and Business Meeting in the Tiffany Ballroom.

***SOLO Wilderness First Aid and Mental Health First Aid workshops are not included in the Summit registration and required pre-registration**

Session 1 10:00 - 10:50

Room 101

Lumber, Bread, and Roses:
Logging Labor History of Northern Maine

Room 103

20 Ways to Volunteer with AMC

Room 104

Unpacking Your DEI Toolbox Hour 1

Room 105/106

Women Leading in Conservation at AMC

Room 108/109

SOLO Wilderness First Aid*

Room 113

Advancing AMC's Mission Through Storytelling

Room 114

AMC in the Roaring Twenties

Room 115

Mental Health First Aid*

Session 2 11:00 - 11:50

Room 101

Yes, We Can: Advancing AMC's Conservation Mission

Room 103

Leader Skill Building: What's in a Leader's Pack?

Room 104

Unpacking Your DEI Toolbox Hour 2

Room 105/106

How LWCF Funds Can Advance Highland Trail Equity & Access Efforts

Room 108/109

SOLO Wilderness First Aid*

Room 113

Leading Kids in the Outdoors

Room 114

Sky, Land, and Water in the Heart of Maine's Wilderness

Room 115

Mental Health First Aid*

Lunch, CEO Welcome, and Awards in Ballroom 12:00 - 1:20

Afternoon Schedule



Session 3 1:30 - 2:20

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Room 101 Science is Storytelling: A Science Communication Workshop	Room 103 Leader Skill Building: Decision- Making Under Pressure	Room 104 Beyond Bathrooms: Creating A Trans-Affirmative Community Hour 1	Room 105/106 2024 AMC Technology Initiatives	Room 108/109 SOLO Wilderness First Aid*	Room 113 Building Belonging Outdoors	Room 114 Who Works for AMC: Lodging & Hospitality	Room 115 Mental Health First Aid*
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Session 4 2:30 - 3:20

Room 101 Nature and Economy Go Hand-in-Hand: Working with State Offices of Outdoor Recreation	Room 103 Environmental Factors that Inform Your Risk Management Strategy	Room 104 Beyond Bathrooms: Creating A Trans-Affirmative Community Hour 2	Room 105/106 An Indigenous Site Survey of the New England National Scenic Trail	Room 108/109 SOLO Wilderness First Aid*	Room 113 AMC's Huts: Past, Present & Future	Room 114 Compost: It's More Fun Than You Think	Room 115 Mental Health First Aid*
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Session 5 3:30 - 4:20

Room 101 Forests, Climate, and Habitat: Oh My!	Room 103 Birding 101	Room 104 Advancing Racial Equity in Outdoor Institutions	Room 105/106 Wood Hood: Film Screening and Discussion	Room 108/109 SOLO Wilderness First Aid: Day 1*	Room 113 A Legacy for the Outdoors	Room 114 Chapter Executive Committee Member Orientation	Room 115 Mental Health First Aid*
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Social Time in Zachariah Dining Room 4:30-6:00

Volunteer Leadership Sessions



20 Ways to Volunteer with AMC

Presenters: Kyra Salancy, **Room 103** 10:00-10:50
Leaders Outdoors Team

AMC volunteers are passionate about helping people enjoy the outdoors and learn about the natural world! Get involved in maintaining trails, leading trips, helping at AMC huts and lodges, speaking up for conservation, and participating in community science. Please join us for this introduction to the wide range of volunteer opportunities available with AMC, and find out how to get started as an AMC volunteer.

Leading Kids in the Outdoors

Presenters: Jasmin Estrada- **Room 113** 11:00-11:50
Levenson, Galen Staats

Interested in providing enriching outdoor experiences for children? Beyond simply introducing them to the wonders of the outdoors, let's prioritize actively listening to their preferences and needs. By valuing and understanding their voices, we can ensure that the outdoor adventures we create are not only enjoyable but also tailored to their unique perspectives, fostering a more meaningful connection with the natural world.

Leader Skill Building: What's in a Leader's Pack?

Presenter: **Room 103** 11:00-11:50
Leaders Outdoors Team

Even outdoor enthusiasts who have been packing for personal trips for years can have a hard time figuring out how their packing strategies need to shift when they step into a trip leader role. Join us to hear from seasoned leaders to learn about their go-to items, and what they've cut out or added to their pack. They've done the trial and error, so you don't have to!

Leader Skill Building: Decision-Making Under Pressure

Presenter: **Room 103** 1:30-2:20
Leaders Outdoors Team

Variable conditions are a part of what make outdoor trips exciting, but they can also ramp up the risk factor and add stress to a leader's already full plate. When unexpected weather, injury, illness, or other surprises pop up, your approach to leadership needs to shift. Experienced leaders discuss how and when to make tough choices about things like emergent itinerary changes, splitting the group, calling for help, and more.

Volunteer Leadership Sessions

Continued 

Building Belonging Outdoors

Presenters: Room 113 1:30-2:20
Eva Leonard, Megan Luce, Vida James

How do we create a sense of belonging with our participants? How do we consecrate our values through policy? Join Educators Outdoors as we share our best practices in building with participants and members so that they feel a sense of ownership, belonging, and hospitality within AMC. In this interactive session, we'll consider access and barriers to the outdoors, screening for risk management, and concrete steps to build relationships and care for individuals and communities.

Environmental Factors That Inform Your Risk Management Strategy

Presenter: Dr. Tom Trimarco, Room 103 2:30-3:20
AMC's Medical Advisor

A session focused on preventing, recognizing, and treating environmental injuries. Topics under discussion will include hypothermia, frostbite, heat exhaustion, heat stroke, and severe allergic reactions including anaphylaxis.

AMC incident data tells us that environmental factors (including heat and cold-related illnesses and injuries and interactions with insects such as ticks or bees) are the second largest contributor to total incidents on AMC activities.

***SOLO Wilderness First Aid and Mental Health First Aid workshops are not included in the Summit registration and required pre-registration**

Mental Health First Aid*

Presenter: Bill Fogel Room 115 10:00 - 4:20

SOLO Wilderness First Aid*

Presenter: Joel Fisher-Katz-Keohane Room 108/109 10:00 - 5:00

Birding 101

Presenter: Nancy Ritger Room 103 3:30-4:20

Enhance your outdoor leadership by sharing interesting and engaging information about the natural world! Winter is a great time to start learning about birds. Blue jays, chickadees, and nuthatches are a few of the species active throughout the winter. Through hands-on activities we'll learn about these birds' habits, shapes, markings, and calls/songs to provide a great foundation of birding basics before the spring rush of returning migratory birds.

Chapter Executive Committee Member Orientation

Presenters: Room 114 3:30-4:20

Volunteer Relation Team

This time is open for any Chapter Executive Committee members to learn more about roles & responsibilities, chapter financial structure, committee decision-making processes, connections between chapters and other AMC departments, and more. Please come with your questions and meet people in similar roles in other chapters!

Conservation Leadership Sessions



Lumber, Bread, and Roses: Logging Labor History of Northern Maine

Presenter: Steve Tatko **Room 101** 10:00-10:50

Forestry work has long been misunderstood and sidelined throughout its 400-year history in Maine. As Maine's forests come under threat from development and climate change, their significance as a bastion of ecological integrity and as a critical carbon sink. Forest workers find themselves yet again at the forefront of technological change and environmental stewardship in an uncertain world, a position they have long held with little recognition. This talk will explore the history of woods labor and its place in rural Maine to help explain how we arrived at this moment and the role land conservation can play in providing new opportunities for these communities.

Yes, We Can: Advancing AMC's Conservation Mission

Presenter: Mark Zakutansky **Room 101** 11:00-11:50

From the trailhead to the boardroom, from town hall to Capitol Hill, AMC's conservation mission unites us all. With climate change and biodiversity loss at our doorstep, the time is now to engage more people in protecting the mountains, rivers, forests, and trails of our region. Join us for an interactive workshop exploring our conservation story, featuring YOU.

Science is Storytelling: A Science Communication Workshop

Presenter: Gabriella Gurney **Room 101** 1:30-2:20

Science communication is outreach that brings together many audiences and stakeholders and uses accessible language to talk about and facilitate scientific learning and discussion. This workshop will provide examples of effective science communication, link science communication to the larger story of science and discovery, and engage audience members to create their own messaging around scientific findings or discoveries. Special focus will be given to volunteers and trip leaders to equip them with the tools to communicate AMC science at the trailhead and beyond.

Nature & Economy Go Hand-in-Hand: Working with State Offices of Outdoor Recreation

Presenter: Danielle Guttman **Room 101** 2:30-3:20

As more states invest in the health of their residents, we're seeing more State Offices of Outdoor Recreation being created. Join AMC's conservation staff and invited guests as they discuss the growing number of State Offices of Outdoor Recreation across AMC's region and how best we can utilize these resources to further AMC's conservation mission.

Conservation Leadership *Continued*

Forests, Climate, and Habitat: Oh My!

Presenter: Eliza Townsend **Room 101** 3:30-4:20

Forests play an important role in cleaning our air and water, housing plants and animals, and slowing and adapting to climate change. They also support local communities and economies as a recreation base and source of timber. Come learn about the importance of the forests in AMC's region and the work our research scientists, land managers, and policy advocates are doing to keep forests healthy and intact.

Diversity, Equity, & Inclusion



Women Leading in Conservation at AMC

Presenters: **Room 105/106** 10:00-10:50
Sarah Nelson, Jesse Jameson,
Bethany Taylor, Jennifer Norris,
Carolyn Ziegra, Eliza Townsend

Although many women hikers and guides came before them, women started working at AMC huts and lodges for the first time during World War II and have not stopped breaking barriers since. The first all-women hut crew were at Lonesome Lake in 1979, the same year the first female research director led our science efforts. AMC's first female CEO broke the glass ceiling in 2022. In this cross-cutting session, we will hear from women who are leading conservation efforts today at AMC, including our science, outreach and communications, volunteer engagement, trails, and chapter activities. In a panel discussion, we will share stories of how our experiences have shaped our perspectives and help make our work more relevant to the expanding community of women in the outdoors.

Diversity, Equity, & Inclusion Sessions



Unpacking Your DEI Toolbox

Presenters: DEI Outdoors **Room 104** 10:00-11:50

Join DEI Outdoors for a workshop focusing on how to be more inclusive to underrepresented communities in the outdoors. Session Highlights: Learn strategies for fostering social justice in outdoor spaces. Gain skills to facilitate challenging topics and cultivate a brave space. Understand how identities intersect addressing diverse barriers. Develop strategies for transforming vision into action

Beyond Bathrooms: Creating A Trans-Affirmative Community

Presenter: **Room 104** 1:30-3:20
The Venture Out Project

This interactive 100-min workshop will bring groups from a foundational understanding of transgender issues and identity to assessing and creating plans for building more trans-affirming communities. We will engage participants through small-group discussions and a collective whiteboard. In each session, participants will practice and deepen their knowledge of (trans) gender-related vocabulary, identify ways they can be supportive and inclusive of trans people in their community, expand their knowledge of pronouns and gendered language, and work through scenarios related to their role and position in their community.

How LWCF Funds Can Advance Highland Trail Equity & Access Efforts

Presenters: **Room 105/106** 11:00-11:50
Caitlyn Handlin, Amy Lindholm

The Highlands Trail is part of a larger vision to develop a trail network through the entire four-state Mid-Atlantic Highlands Region (CT, NY, NJ, and PA). As a part of this initiative, AMC staff and partners recently published an assessment and interactive map for a portion of the Highlands Trail which explored opportunities to better accommodate users with varying sets of abilities and investigated systemic barriers to trail access for environmental justice communities adjacent to the trail network. The Land and Water Conservation Fund (LWCF) was established by Congress in 1964 to fulfill a bipartisan commitment to safeguard natural areas, water resources, and cultural heritage, and to provide recreation opportunities to all Americans.

AMC staff will discuss how LWCF dollars can support accessible trails, using the Equity and Accessibility Assessment as an example project.

An Indigenous Site Survey of the New England National Scenic Trail

Presenter: Jay Levy, Josh Carter,
Miriam Maistelman, Nakai Northup
Room 105/106 2:30-3:20

The Indigenous Site Survey Project Report details the Indigenous and Tribal history along the New England National Scenic Trail (NET). This is a collective effort to explore and discover the Indigenous history of the land on the Menunkatuck Trail and the historic Mattabesett, Metacomet, and Monadnock Trail Systems, now recognized and celebrated as the New England National Scenic Trail. Through the development of a Historical Survey of the trail corridor, focusing on the trail's tribal history, we plan to map the intersection of outdoor recreation, tribal history, and historic preservation. Our goal is to engage our local communities with this vital, yet often forgotten, history along the NET, identify key conservation and preservation initiatives, and create deeper collaboration with local tribal communities. Join Jay Levy, Tribal Consultant for the New England Trail and Miriam Maistelman, AMC New England Trail Coordinator, in a conversation about the project, its development, and how we will use these findings as a framework to navigate the future of conservation.

Advancing Racial Equity in Outdoor Institutions

Presenter: Mardi Fuller
Room 104 3:30-4:20

Why and how have People of Color been excluded from full participation in nature spaces and outdoor sports?

Please join us in welcoming Mardi Fuller, a lifelong backcountry adventurer, who in January 2021 became the first-known Black person to hike all 48 of New Hampshire's high peaks in winter. Mardi will take us on a brief, but deep dive into understanding white supremacy and how it normalizes its own experiences, history, narratives, and environmental ideology. Mardi will speak on her life of adventures as a Black outdoorswoman who has grown into her liberation-focused identity. We'll discuss barriers marginalized people face in accessing the outdoors and how their exclusion is detrimental to all people. We'll end by discussing solutions and how each of us can play a role in increasing equitable access to nature and outdoor activities.

About AMC Sessions



AMC in the Roaring Twenties

Presenter: Becky Fullerton **Room 114** 10:00-10:50

As we approach the midpoint of our own century's "Roaring Twenties," let's look back at AMC when it was still a bright young thing. In this engaging illustrated program, we'll explore what AMC was like in the 1920s, what we've left by the wayside, and traditions that have carried on to the present. The emergence of rock climbing and whitewater paddling, 100-mile walks, lots of new Chapters and Camps, and a sense of change and opportunity marked this decade. In words and pictures, AMC Archivist Becky Fullerton will illuminate the character of the club as it was one hundred years ago.

Advancing AMC's Mission Through Storytelling

Presenter: Sarah Bierschwale **Room 113** 10:00-10:50

Learn how to improve your writing, photo, and video skills in this session led by AMC's Marketing and Communications team. Discover new ways you can share and make a difference with your stories and content.

Sky, Land & Water in the Heart of Maine's Wilderness

Presenter: Jenny Ward **Room 114** 11:00-11:50

In the heart of Maine's wilderness, where gravel roads meet the starry skies, visitors can immerse themselves in the landscape. Not only has AMC protected the natural wonders, but it has unlocked a treasury of amazing recreational experiences that invites people to forge their own connections to the land. Discover new recreational opportunities in the stars, at the end of your fishing pole, through your binoculars, and on your bike.

Who Works for AMC: Lodging & Hospitality

Presenter: Jess Wilson **Room 114** 1:30-2:20

Come meet and hear stories from AMC's hospitality staff! Learn who is serving you delicious food, helping you plan your hiking route, and keeping our guest spaces beautiful and clean. Year-round, AMC employs passionate people of all ages who make our lodges, huts, and camps a special place for your outdoor memories.

During this session, you'll hear stories of AMC staff past and present, and learn how AMC builds resumes and skills sets. Perhaps you will be inspired to apply!

2024 AMC Technology Initiatives

Presenter: Crystal Mandler, VP of Technology **Room 105/106** 1:30-2:20

AMC is at the beginning of a journey to transform and scale our technology suite to better meet the needs of our members, volunteers, and constituents. Having modern, versatile, easy to use technology is critical to our mission to get more people outdoors. Come learn about AMC's 2024 initiatives including a demo of the Outdoors Connector which is the system that will replace activities.outdoors.org for AMC activity creation, signup, and more

Compost: It's More Fun Than You Think

Presenter: Joe Roman **Room 114** 2:30-3:20

Learn the different methods the AMC uses to compost human waste in the backcountry and learn how to compost your kitchen scraps at home. We can find a compost method that meets your time and space!

AMC Huts: Past, Present, & Future

Presenter: Bethany Taylor **Room 113** 2:30-3:20

The high mountain huts are an integral part of AMC's history and play an outsized role in our community's memories and spirit. Attendees will learn about the huts' history, and how the huts have changed since the time of Joe Dodge. Find out what the croo does, and how they translate AMC's story to hut guests and day hikers.

Wood Hood: Film Screening & Discussion

Presenter: Manny Almonte, **Room 105/106** 3:30-4:20
Andy Isaacson, Seb Venuat

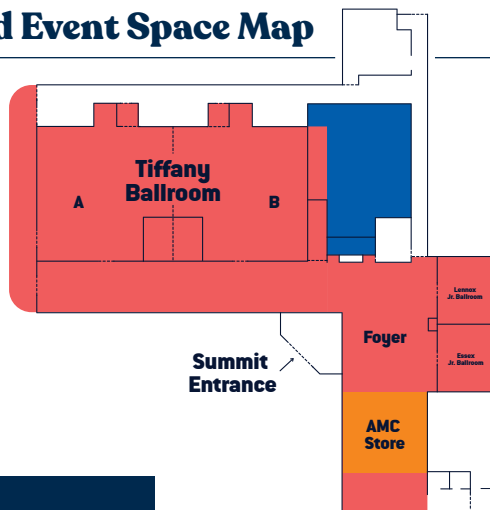
Attend a special screening of Wood Hood, a short documentary movie, which won awards at the Banff and Crested Butte Film Festivals. Meet Manny Almonte and Andy Isaacson, producer of the documentary and co-founders of the Camping to Connect program. They will give attendees an insider look at the making of the movie and running a BIPOC-led mentorship program that teaches leadership, brotherhood, and inclusion in the outdoors.

A Legacy for the Outdoors

Presenters: Ernie Brooks, **Room 113** 3:30-4:20
David Keefe Jennifer Norris, AMC Development staff

This session will focus on a type of charitable giving that perhaps has the most mystique associated with it, but can actually be quite simple and allows folks of every walk of life to have huge impact: legacy giving. No matter your means, stage of life, or level of certainty, it is possible to include causes you care about in your long-range plans. Hear from a member of our 20s and 30s group who's made a plan for AMC, as well as from planned giving experts about stories of members from D.C. to Maine who have sustained parts of AMC's mission that they care most deeply about—whether that be trails, a favorite camp, or the overall mission. There will be plenty of time for questions as well.

Hotel and Event Space Map



Summit Entrance

Foyer

AMC Store

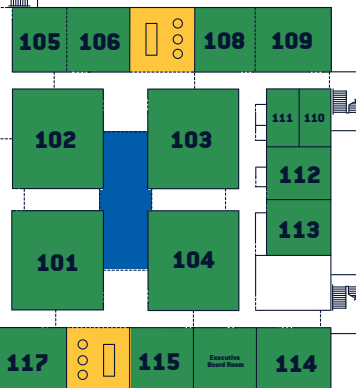
Lerner J. Ballroom

Davis J. Ballroom

Fitness Room

Pool

1st Floor Meeting Rooms



Zachariah's Dining Room

Front Desk

One Bistro

Hotel Entrance

- Lounge/Break Area
- Conference Rooms
- Elevators
- Dining Room
- Restrooms
- Ballrooms
- AMC Store
*Open Until 4pm

