AMC Fire Island Cabin 2025 Policies

Please read all sections below as there have been several changes since last year.

Facilities

The 2025 Season welcomes Karen Doherty, an experienced, dedicated full-time staff person to ensure an enjoyable stay. The Cabin has two 11-bunk co-ed dorm rooms with mattresses, blankets and pillows (linen rental). We also have two guest tents, each with two cots. Outdoor air is well-circulated within the cabin at all times via screened windows and ceiling fans. There is a large commercial kitchen and indoor eating area. There are two bathrooms, hot outdoor showers, decks, beach chairs and umbrellas, a hammock, yoga equipment, and a gazebo with a library and board games. For water enthusiasts, there are sailboats (sunfish and sloops), kayaks, canoes, and stand up paddleboards. Guests may use sailboats if authorized in advance through our sailing program or during our instructional sail events.

Reservations

Reservations are made by calling the **AMC Contact Service Center** at **603-466-2727 Monday-Saturday 10 a.m. to 5 p.m.** or booking online. The Contact Service Center will require a credit card and the names of everyone in your party and, if applicable, their AMC membership number(s) to receive the member rate. Guests without an active AMC membership pay the non-member rate. During the July/August peak season you may reserve only one July weekend and one August weekend. Consecutive weekends are prohibited. If you do not get your desired reservation, please try again later in the season; bunks often become available due to cancellations. You can view the 2025 activities schedule here. To reserve online, book here

Weekends are a 2-night package (arrive Friday, depart Sunday). Memorial and Labor Day weekends are a 3-night package (arrive Friday, depart Monday). This year, Independence weekend Day/July 4th is a 3-night package of Thurs-Sun July 3-6. Weekdays have no minimum stay requirements: guests can book a single night up to 5 consecutive nights, Sunday through Thursday (departing Friday) or Monday through Thursday after a holiday weekend.

Cancellations

Individuals/parties of 9 or fewer: full refund less \$10 per person per night for cancellations made 14 or more days prior to arrival date; no refunds for cancellations made fewer than 14 days prior to arrival date. Parties of 10 or more: full refund less \$10 per person per night for cancellations made 30 or more days prior to arrival date; no refunds for cancellations made fewer than 30 days prior to arrival date. View cancellation policy here.

Food Policy & Chores

<u>Weekend</u> meals are communal and provided by the manager and volunteers who plan and shop for the menus. Guests share in food preparation <u>and clean-up</u>, as needed, under the guidance of the manager and volunteers. Meals include Friday happy hour, Saturday dinner, and self-serve continental breakfasts Saturday and Sunday. The meal schedule may be adjusted by the manager to best align with weekend activities.

<u>Sail weekends</u> include lunch, and 3-day <u>holiday weekends</u> include an additional breakfast and dinner. <u>Midweek meals</u> are not provided. Midweek guests provide their own food by transporting it, shopping in nearby communities, or utilizing restaurants. Midweek managers help coordinate cooking and cleaning times in the communal kitchen which is stocked with condiments, spices, dishes and cookware (including a crockpot, rice cooker, food processor, blender, and microwave). There is also an outdoor grill available for overnight guests (cleaned after use by guests).

Guests are encouraged to prepare simple meals to ensure everyone has kitchen time. There is a guest refrigerator, a small freezer, and cubbies for dry goods. The Cabin has a BYOB responsibly policy with alcoholic beverages permitted at happy hour and dinner.

Because our Cabin is volunteer-run, all guests help with chores such as sweeping or emptying the dishwasher.

PRICING SPECIALS (Adult/Teen/Child):
MAY/JUNE AND SEPT/OCT MIDWEEK
SAILING SCHOOL MIDWEEK

Member Non-Member \$65/\$65/\$55 \$85/\$75/\$65 \$90 \$110

Weekends*

Regular Weekends 2-night minimum: check-in Friday 2pm. check-out Sunday 11am

Weekend - 2-night minimum	Member	Non-member
Adult - advanced reservation	\$240	\$290
Teen (13-17 y.o.)	\$190	\$200
Child (5-12 y.o.)	\$130	\$150

Memorial & Labor Day Weekends 3-night minimum: check-in Friday 2pm, check-out Sunday 11am

Long Weekend - 3-night minimum | Member | Non-member |

Adult - advanced reservation	\$360	\$435
Teen (13-17 y.o.)	\$285	\$300

Child (5-12 y.o.)	\$195	\$225

Weekend Walk-Ins

1-night stay for day guest, when unoccupied bunk is available

Same-day reservation is made on-site with Cabin manager (not Contact Service Center)

Weekend walk-in	Member	Non-member
Adult	\$130	\$165
Teen (13-17 y.o.)	\$95	\$100
Child (5-12 y.o.)	\$65	\$75

Midweeks*

No minimums: book a single night or up to 5 consecutive nights Sunday-Thursday (depart Friday 11am)

Exception: midweek begins on Monday after Memorial and Labor Day weekends; Sail School has special pricing

Midweek - any number of nights	Member	Non-member
Adult - advanced reservation	\$75	\$100
Teen (13-17 y.o.)	\$65	\$75
Child (5-12 y.o.)	\$55	\$65

Midweek Walk-Ins are welcome when an unoccupied bunk is available.

Same-day reservation can be made on-site with the House Manager or by calling the Contact Service Center.

Pricing is the same as midweek rates above.

Day Guests

Member \$30, Non-member \$35. Day guests are welcome 10am to 5pm, and may call the Cabin in advance or just show up. If you anticipate wanting to stay the night, call the Cabin at 631-583-5366 to determine bunk availability. Day guests can store belongings in the outdoor bayside bins or the day guest shed behind the Cabin. Day guests are not permitted to closed events.

Overnight Guests

Overnight guests must bring their own linens or rent a top and bottom bed sheet, pillowcase and towel for \$20. Blankets and pillows are provided. A sleeping bag is fine if accompanied by a fitted bottom sheet and pillowcase; without these, linen rental will be required. Check-in 2p.m., check-out 11a.m. Guests can store their luggage in outdoor bayside bins and enjoy our property before check-in or after check-out. NOTE: Check-out is the time guests must vacate their bunks and leave the cabin. Guests may stay on the grounds up to 5pm after check-out to enjoy the day.

Guests traveling with children are required to supervise them at all times. This would include during and after bathroom and shower use. Parents are asked to discuss the cabin's house rules with their child(ren). There is no drop off or sitter service provided. During activities parents are expected to participate with, and supervise, their child(ren).

Tick Prevention

Cabin pillows and blankets must remain in the dorms and not taken to the clothesline, beach, or elsewhere outside of the bunkrooms. Exercise caution if walking through grass, and do a full body tick check afterwards.

Additional Policies

All forms of smoking are prohibited on our property. No pets allowed. Cell phone calls can be made or received off-property only. There is free Wi-Fi and a place to charge cell phones.

Getting There, Accommodations, and What to Bring - For details, visit the Fire Island Cabin website.

Questions

For questions, not reservations, email us at fireislandinfo@gmail.com. During the season, you can also call the Cabin at 631-583-5366 to speak with the manager Monday-Thursday 9 a.m. to 11 a.m. or leave a message at other times and the manager will get back to you.

Email: fireislandinfo@gmail.com with questions & to inquire about volunteer opportunities.

^{*}Teens and children ages 5-17 must be accompanied by an adult.

^{*}Everyone age 18 and older pays the adult rate.

AMC Fire Island Cabin Summer 2025 Schedule

To reserve, call AMC Contact Service Center (starting April 15th) 603-466-2727 Monday – Saturday 10 a.m. – 5 p.m.

Fri-Mon May 23-26. Memorial Day Weekend Family Fun. Join **L** Crystal Williams for opening weekend at AMC's scenic Fire Island Cabin. We will kick off the season with a fun family oriented weekend. Meet other families, hike, canoe, kayak and more! Bring your beach toys or enjoy ours and enjoy walks along the bay or the ocean. Our Gazebo is stocked with games for day and nighttime activities. Children must be 5 years old and up. Vol: Akwanza Gleaves

Mon-Friday. May 26—May 30. Springtime at the Cabin Midweek. Watch the trees and flora burst forth! Bring a book and relax, or bring a friend and enjoy our board games. Sit on the beach under an umbrella, walk to the lighthouse, or take a canoe or kayak to enjoy the sounds of the bay. Come out to the cabin to enjoy this Do Your Own Thing midweek. Mgr: Karen Doherty

Fri-Sun May 30-June 1. Birding & Kayaking Weekend. Pack your binoculars and join **L** Miriam Rakowski and co-leader David Bernstein for a morning walk that's a birder's delight. Look for the many bird species that live on or pass through FI. The afternoon brings a kayaking trip to the birding islands for experienced kayakers. Solo kayaks to birding islands must be 15 years old with a parent on the trip; children under 15 are welcome in double kayaks with a parent. Double kayaks are first come first serve.Vol: Nadine Bernstein

Mon-Fri June 2–6. Do Your Own Thing Midweek. Bring a book and relax. Bring a friend and use our board games. Sit on the beach under an umbrella, walk to the lighthouse, or take a canoe or kayak to enjoy the sounds of the bay. Vol: Michaelene Cooper

Fri-Sun June 6-8. Closed Event Mgr: Lillian Negron and Leader: Josh Mathew Meier

Mon-Fri June 9-13. Do Your Own Thing Midweek. Bring a book and relax. Bring a friend and use our board games. Sit on the beach under an umbrella, walk to the lighthouse, or take a canoe or kayak to enjoy the sounds of the bay. Vol: James Walker

Fri-Sun June 13-15. 100th Year Anniversary Celebration and Do Your Own Thing Weekend. Come out and celebrate the 100th anniversary of the cabin! There will be a special presentation, cake, and swag available. Bring a book and relax. Bring a friend and use our board games. Sit on the beach under an umbrella, walk to the lighthouse, or take a canoe or kayak to enjoy the sounds of the bay. Mgr: Karen Doherty

Mon-Fri June 16-20. Yoga Midweek. Join certified Hatha yoga teacher **L** Richard Barcia for classes designed for the mind, body and heart. Learn new poses and breathing techniques designed for all levels. Yoga mats provided. Vol:Mark Calderon

Fri-Sun June 20-22. Learn to Sail Weekend. Join **L** Richard Weinberg & crew for an action-packed weekend of adventure and camaraderie while learning to sail our fleet of boats. No experience necessary. Weekend includes classroom sessions, boats, equipment, and on-water instruction. Children 14 years and older are allowed on sailing events, but must be accompanied on boat by a parent and/or guardian, and parents/guardians are responsible for the safety of their children. Vol: Martha Sickels & Christine Eyers

Mon-Fri June 23-27 Sailing Practice and Do Your Own Thing Midweek. Receive coaching from our sail instructors while honing your skills. Practice on the sloops and sunfish (weather permitting) as you work toward becoming an authorized FIC sailor. Previous FIC sailing students are encouraged to attend. Children 14 years and older are allowed on sailing events, but must be accompanied on boat by a parent and/or guardian, and parents/guardians are responsible for the safety of their children. Call Richard Weinberg at 914-523-6223 if you plan on participating.Vol:Diane Jennings & Elizabeth Green

Fri-Sun June 27-29. SUP Instruction Weekend. L Sarah Osborn will educate guests on the equipment, maintenance, storage, and safety on the water when using a SUP. Along with Small group (SUP) Stand Up Paddleboard instruction offered in the calm waters of the cove depending on weather. Guests can bring their own inflatable SUPs or use the Cabin's hard boards (hard boards not allowed on the ferry; deflated inflatables are

permitted). Children older than 15 can join the adults in learning about the SUP equipment available at the cabin and basic paddling skills. All children attending a session must be accompanied by an adult. Vol: Peggy Wissler & Pauline Nevin

Mon-Thur June 30-July 3. Pilates Midweek. Find the power of your center with pilates and core strengthening with **L** Ellie Kusner. Each class delves into the body with imagery; our seaside environment offers many rich metaphors! Classes include a range of foundational exercise movements, traditional pilates exercises and challenging core work. Appropriate for beginners and aficionados. You'll finish each session feeling focused, stronger, longer and more resilient. Mgr: Karen Doherty

Thur-Sun July 2-6 Star Spangled Banner Holiday Long Weekend. Celebrate Independence Day all week long! During the daytime, meander into town for ice cream, kayak on the bay, trek to the Lighthouse or plant yourself oceanside with a book and listen to the waves crash. After dark, view fireworks across the bay. Another treat while spending time at the cabin treat is the Invasion of the Pines at Cherry Grove Vol: Madelein & Dany Zember

Friday, July 4. 4th of July BBQ. Celebrate Independence Day with a potluck BBQ by the grill from 4 pm to 7pm with L Francoise Jacobson and L Crystal Williams. Day guests are welcome (fee \$15) and can RSVP by emailing fireislandinfo@gmail.com by June 26th. Potlucks are welcomed.

Mon-Fri July 7-11. Yoga Midweek. Come out to the cabin for a Yoga Midweek to calm the nervous system and balance the Chakras with Certified Kripalu Yoga teacher and Yoga Therapist (C-IAYT) L Sandy Wavrick. We will explore body and mind with Asana, (yoga poses), Mudra (hand gestures), Pranayama (breath work), simple meditation and Yoga Nidra. Join us for a couple of days or all week. Vol: Madelein & Dany Zember

Fri-Sun July 11-13. Learn to Sail Weekend. Join our sailing crew for an action-packed weekend of adventure and camaraderie while learning to sail our fleet of boats. No experience necessary. Weekend includes classroom sessions, boats, equipment, and on-water instruction. Children 14 years and older are allowed on sailing events, but must be accompanied on boat by a parent and/or guardian, and parents/guardians are responsible for the safety of their children. Richard Weinberg is the contact person for this event: 914-523-6223. Vol: Diane Jennings & Elizabeth Green

Sun July 13. Salt Water Fishing Midweek with L Akwanza Gleave. This is a one day event. There will be no overnight guests allowed for Sunday July 13.

Mon-Fri July 14-18 Closed Event No overnight guests. No day guests. Vol: Crystal Williams

Fri-Sun July 18-20 Closed Event No overnight guests. No day guests. Vol: Crystal Williams

Mon-Fri July 21-25 Midweek Sail School. Intensive sailing school for students of all levels. Beginners learn to sail; experienced sailors receive coaching to expand skills, learn to sail sloops, or get authorized to sail on their own. L Richard Weinberg and crew will work with sailors. Arrive Sunday afternoon, check in with the manager and enjoy the beach. Dinner is served in the evening, followed by hands-on sessions. Breakfast Monday AM, followed by classroom session, then the on-water program starts, lasting through Friday late afternoon. Have a great time and learn a lot. Registration includes classroom sessions and intensive on water instruction, boats, equipment, meals and lodging. Eager students can get/read "Learn Sailing Right -- Beginning Sailing" by the US Sailing Association. Please note: Day Guests are not permitted during sail school days. Children 14 years and older are allowed on sailing events, but must be accompanied on boat by a parent and/or guardian, and parents/guardians are responsible for the safety of their children. Vol: Merri & Rance Fox

Fri-Sun July 25-27. Kayaking Weekend. Join **L** Jim Cato and **L** Hong Miao. We will practice our kayaking skills and learn new ones, then enjoy a leisurely and fun paddle whichever way the wind blows. Parents/guardians are responsible for children under 18 who participate to ensure safety and enjoyment. Vol: Cheryl Bobe & Len Keff

Mon-Fri July 28-Aug 1. Do Your Own Thing Midweek. Bring a book and relax. Bring a friend and use our board games. Sit on the beach under an umbrella, walk to the lighthouse, or take a canoe or kayak to enjoy the sounds of the bay. Vol: Cheryl Bobe

Fri-Sun Aug 1-3. Sailing Practice with Optional Authorization Weekend. Receive coaching from our sail instructors while honing your skills. Practice on the sloops and sunfish (weather permitting) as you work toward becoming an authorized FIC sailor. Previous FIC sailing students are encouraged to attend. Children 14 years and older are allowed on sailing events, but must be accompanied on boat by a parent and/or guardian, and parents/guardians are responsible for the safety of their children. Richard Weinberg is the contact person for this event: 914-523-6223. Mgr: Karen Doherty

Mon-Fri Aug 4-8. Kayaking Trips Midweek. For kayakers with experience (including children 12 and up), paddle the Great South Bay to the Lighthouse, to the islands for birding, or perhaps to the Sunken Forest, with **L** Richard Barcia and co-leader Aly Baiter. Pack your binoculars. Mgr: Karen Doherty

Fri-Sun Aug 8-10. Family Oriented Weekend with Summer Harvest and Gardening with L Misako Yamagishi. Meet other families, hike, canoe, kayak and more! Bring your beach toys and enjoy walks along the beach or splashing in the bay. Our Gazebo is stocked with games for day and nighttime activities. Bring kids 5 and older for a fun weekend. This weekend is limited to family units with children 5-21 ONLY. The Perseids Meteor will be most impressive on 8/12/25, and the cabin is a perfect place to experience this event. Vol: Keith Greim & Maria Treglia

Mon-Fri Aug 11-15. Family Oriented Midweek Meet other families, hike, canoe, kayak and more! Bring your beach toys and enjoy walks along the beach or splashing in the bay. The Perseids Meteor will be most impressive on 8/12/25, and the cabin is a perfect place to experience this event. Bring kids 5 and older for a fun week. Mgr: Karen Doherty

Fri-Sun Aug 15-17. **Do Your Own Thing Weekend.** Bring a book and relax. Bring a friend and use our board games. Sit on the beach under an umbrella, walk to the lighthouse, or take a canoe or kayak to enjoy the sounds of the bay. Vol: Christine Eyre

Mon-Fri Aug 18-22. Do Your Own Thing Midweek. Bring a book and relax. Bring a friend and use our board games. Sit on the beach under an umbrella, walk to the lighthouse, or take a canoe or kayak to enjoy the sounds of the bay. Mgr: Karen Doherty

Fri-Sun Aug 22-24. Live Music Weekend with the St. Elvis Band. Join **L** Bill Carlsen and **L** Brian Farren on the deck Friday at sunset! Come prepared to dance, sing along to your favorite songs or, if you wish, bring your own instrument and jam. Vol: Jody Eckert & Ed Garelick

Mon-Fri Aug 25-29. Closed Event. No overnight guests. No day guests. Vol: Voyka Soto

Fri-Mon Aug 29-Sept 1. Adventure Sail Labor Day Weekend. Join **L** Jake Lewis & crew for an extended cruise across the Great South Bay on the Cabin's sloop or one of our Sunfish. Boaters and non-boaters alike are welcome though prior authorization is required to take out a sailboat solo. Not an instructional weekend. Sunfish sailors must be comfortable with upwind sailing over longer distances. Children 14 years and older are allowed on sailing events, but must be accompanied on boat by a parent and/or guardian, and parents/guardians are responsible for the safety of their children. Mgr: Karen Doherty

Mon-Fri Sept 1-5. Do Your Own Thing Midweek. Bring a book and relax. Bring a friend and use our board games. Sit on the beach under an umbrella, walk to the lighthouse, or take a canoe or kayak to enjoy the sounds of the bay. Vol: Michaelene Cooper

Fri-Sun Sept 5-7. Half-Day Kayak Trips Weekend. Set off with **L** Eileen Yin and **L** Alison North in one of our kayaks to explore the serenity of the birding islands across the bay or the delights of the various communities and their ice cream parlors! Suitable only for guests with significant paddling experience. Any participant under 18 must be accompanied on kayak trips by their responsible parent/guardian to ensure safety and a cohesive group of paddlers. Mgr: Karen Doherty

Mon-Fri Sept 8-12. Do Your Own Thing Midweek. Bring a book and relax. Bring a friend and use our board games. Sit on the beach under an umbrella, walk to the lighthouse, or take a canoe or kayak to enjoy the sounds of the bay. Mgr: Karen Doherty

Fri-Sun Sept 12-14. AMC Closed Event with L John Perilli. Closed event. Mgr: Karen Doherty

Mon-Fri Sept 15-19. Do Your Own Thing Midweek. Bring a book and relax. Bring a friend and use our board games. Sit on the beach under an umbrella, walk to the lighthouse, or take a canoe or kayak to enjoy the sounds of the bay. Vol: Ed Adomaitis

Fri-Sun Sept 19-21. International Coastal Cleanup and Gardening Weekend. Be part of this annual shoreline conservation event. On Saturday, we will take part in the annual International Coastal Cleanup on the bay and ocean beaches. Experienced paddlers can join a trip to remove ocean debris from the nearby birding islands. The National Park Service has described the islands as a place where we can make an ecological impact. Participants will record data on collected debris; studies by Ocean Conservancy based on the data produce strategies to combat marine pollution and inform policymakers. Be part of the debris solution! A conservation talk at the Cabin is scheduled for Sunday. Day guest fee is waived for participants in the cleanup events. Ls Dawn Riley and David Hartree.Vol: Marie Argeris

Join **L** Misako Yamagishi for garden clean up and preservation on Sunday with a focus on the cabin's composting efforts. Day guest fee is waived for participants in the cleanup event(s). Vol:Marie Argeris will be baking!

Mon-Fri Sept 22-26 Do Your Own Thing Midweek. Bring a book and relax. Bring a friend and use our board games. Sit on the beach under an umbrella, walk to the lighthouse, or take a canoe or kayak to enjoy the sounds of the bay. Mgr: Karen Doherty

Fri-Sun Sept 26-28. Closed Event. Mgr: Aly Baiter. No overnight guests. No day guests.

Mon-Fri Sept 29-Oct 3. Do Your Own Thing Midweek. Bring a book and relax. Bring a friend and use our board games. Sit on the beach under an umbrella, walk to the lighthouse, or take a canoe or kayak to enjoy the sounds of the bay. Mgr: Karen Doherty

Fri-Sun Oct 3-5 Latin Food & Dance - Join us for a vibrant weekend on Fire Island, where the sun-kissed shores set the stage for an unforgettable experience. Savor a fusion of Caribbean and Spanish cuisine crafted by the talented Len Keff, indulge in bold and irresistible flavors, and dance the night (and day) away with lively salsa and Latin dance music and lessons led by Cheryl. All this awaits against the stunning backdrop of our beautiful beach. Vol: Cheryl Bobe

Mon-Fri Oct 6-10 Do Your Own Thing Midweek. Bring a book and relax. Bring a friend and use our board games. Sit on the beach under an umbrella, walk to the lighthouse, or take a canoe or kayak to enjoy the sounds of the bay. Mgr: Karen Doherty

Fri-Mon. Oct 10-13 Indigenous People Weekend and Do Your Own Thing. Bring a book and relax. Bring a friend and use our board games. Sit on the beach under an umbrella, walk to the lighthouse, or take a canoe or kayak to enjoy the sounds of the bay. Mgr: Karen Doherty

Email fireislandinfo@qmail.com with questions & to inquire about volunteer opportunities.